

# Hadley Wood Primary School

## PSHE Scheme of Work



### Our Vision

...that every child will leave our school **confident** in their own abilities and excited about the future, with the strategies and skills to tackle tasks and situations in a **capable** manner and **caring** about their planet and their fellow humans.

## Introduction

PSHE is an important subject to teach, it is vital if pupils are to learn how to keep safe and healthy in an ever-changing world. Personal, Social, Health and Economic (PSHE) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future

These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. When taught well, PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

At Hadley Wood we fully recognise the importance of PSHE lessons to develop our pupils' knowledge, skills, values and understanding. We want our pupils to lead **confident**, **capable** and **caring** lives and to become informed, active, responsible citizens. Current events, both nationally and internationally, are used to stimulate lively, thought-provoking and interesting discussions amongst our classes with the aim to enrich the lives of our children and develop a deeper understanding of our role in the world that we live in.

The DfE requires all schools to publish their PSHE curriculum on their school website. The National Curriculum (September, 2014) states that all schools:

- must provide a curriculum that is broadly based and balanced and which meets the needs of all pupils
- promote the spiritual, moral, social, cultural, mental and physical development of pupils at the school and society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life
- should make provision for personal, social, health and economic education (PSHE) drawing on good practice.

All lessons taught through this curriculum, including the supporting materials are in line with Keeping Children Safe in Education (KCSIE) 2018. Please see the PSHE and Citizenship policy for further information.

## Expectations for Teaching the PSHE Curriculum

Every half term, the children should be taught at least three lessons from the PSHE topic (using the resources from Islington or Enfield schemes of work as lesson guides), at least one values lesson, and at least one P4C lesson on the theme

outlined in the curriculum overview for each year group. RSE will be taught separately in a block of five lessons in the Summer Term (see separate RSE policy and appendices). Other ad hoc PSHE/P4C lessons will undoubtedly take place throughout the year.

The Philosophy for Children (P4C) approach is used to stimulate further discussions where the aim is 'not to win an argument' but to gain a deeper understanding of different approaches and viewpoints held by those around us in order that we may develop our own understanding and empathy. You can read more about the P4C approach by clicking (<https://p4c.com/about-p4c/>)

## Resources

Resources to support the delivery of PSHE should come from a range of sources, including: Purple Mash, Literacy Shed Plus and Newsround. The scheme of work 'You, Me, PSHE' (developed and written by the Islington Health and Wellbeing Team) is available on the school MLE to support planning and delivery of PSHE lessons.

## Assessment

Evidence of learning and pupil engagement should be gathered and entered into the PSHE Floorbook held in each classroom.

Assessment has been included as an integral part of each topic. At the beginning of the topic pupils complete a pre-topic assessment activity, which is then repeated at the end of the topic. This enables pupils and teachers to understand and demonstrate the progress made. Pupils also complete a self-reflection sheet at the end of each topic; to encourage self-evaluation and reflection on learning within the topic as a whole unit of work.

# Hadley Wood Primary School

## PSHE Curriculum Overview - EYFS

	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>PSHE Topic</b>	<b>Managing Feelings and Behaviour</b>  <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to follow rules and routines</li> </ul>	<b>Making Relationships</b>  <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to play games</li> <li>to take turns when playing games with support from an adult</li> <li>how to get along with each other</li> </ul>	<b>Self –confidence and Self –awareness</b>  <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to work as part of a group</li> <li>to follow a series of simple instructions e.g. a recipe</li> <li>to talk about ideas and identify the resources required</li> </ul>	<b>Making Relationships cont.</b>  <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to work together to match animals to their young</li> <li>to discuss similarities and differences</li> </ul>	<b>Making Relationships cont.</b>  <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to value and contribute to own well-being and self-control</li> <li>to form good relationships with adults and peers</li> <li>to work as part of a group or class, taking turns and sharing fairly</li> <li>to follow rules</li> </ul>	<i>Making Relationships cont.</i>  <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to play cooperatively on the bikes and scooters</li> <li>to take turns and solve disagreements independently</li> </ul>
<b>P4C Theme</b>	New Beginnings	Getting on and Falling out	Going for Goals	Good to be me	Relationships	Changes
<b>Events</b>	Multicultural Week	Anti-Bullying Week Remembrance Day	Safer Internet Day	Sports Relief /Comic Relief		Sports Day Values Parliament

# Hadley Wood Primary School

## PSHE Curriculum Overview - Year 1

	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>PSHE Topic</b>	<b>Who Am I?</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about what makes themselves and others special</li> <li>• about roles and responsibilities at home and school</li> <li>• about being co-operative with others</li> </ul> <i>(Me and Others-Islington p66-70)</i>	<b>Gifts and talents</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to describe their individual gifts and talents</li> <li>• to understand that giving compliments to each other feels good</li> <li>• to understand the difference between pride and jealousy</li> <li>• to know some ways of managing feelings of jealousy</li> </ul> <i>(Enfield scheme – Year 1 Relationships half term 2)</i>	<b>Staying Healthy</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about how to look after their bodies</li> <li>• why people use medicines</li> <li>• about what happens on a visit to hospital</li> </ul> <i>(Enfield scheme – Year 1 Staying Healthy half term 4)</i>	<b>Feeling Safe</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• safety in familiar situations</li> <li>• about personal safety</li> <li>• about people who help keep them safe outside the home</li> </ul> <i>(Islington p60-65)</i>	<b>Feelings</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about different types of feelings</li> <li>• about managing different feelings</li> <li>• about change or loss and how this can feel</li> </ul> <i>(Islington p76-82)</i>	<b>RSE</b> <i>(See Appendix A: RSE Scheme of Work outlined in the RSE policy)</i>
<b>P4C Theme</b>	Fair and Unfair	Say No to Bullying	Growing Up – from Young to Old	Staying Safe Online	Winning and Losing	Protecting the Environment
<b>Events</b>	Multicultural Week	Anti-Bullying Week Remembrance Day	Safer Internet Day	Sports Relief /Comic Relief		Sports Day Values Parliament

# Hadley Wood Primary School

## PSHE Curriculum Overview - Year 2

	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>PSHE Topic</b>	<p><b>Self-Awareness</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>• how to identify their strengths and what they are good at</li> <li>• to identify and talk about their feelings</li> <li>• to resolve arguments</li> </ul> <p>(Enfield scheme – Year 2 Relationships half term 1))</p>	<p><b>Managing Feelings</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>• about how they might be affected by change or loss</li> <li>• what bullying is</li> <li>• to understand choices and consequences</li> </ul> <p>(Enfield scheme – Year 2 Relationships half term 2)</p>	<p><b>What Keeps Me Healthy?</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>• about eating well</li> <li>• about the importance of physical activity, sleep and rest</li> <li>• about people who help us to stay healthy and well and about basic health and hygiene routines</li> </ul> <p>(Islington p93-98)</p>	<p><b>Indoors and Outdoors</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>• about keeping safe in the home, including fire safety</li> <li>• about keeping safe outside</li> <li>• about road safety</li> </ul> <p>(Islington p 112-117)</p>	<p><b>Rights and responsibilities</b> (Link to Animals and Us/Children’s rights-human’s rights)</p> <ul style="list-style-type: none"> <li>• To take part in discussions with one other person and the whole class</li> <li>• To understand how rules help them.</li> <li>• Think about the process of growing from young to old and how people’s needs change.</li> <li>• To be able to identify positive and negative aspects about taking on a responsibility.</li> </ul>	<p><b>RSE</b> (See Appendix A: RSE Scheme of Work outlined in the RSE policy)</p>
<b>P4C Theme</b>	New Beginnings	Say No to Bullying	Staying Safe Online	Taking Responsibility as we Grow Up	Protecting the Environment	Winning and Losing
<b>Events</b>	Multicultural Week	Anti-Bullying Week Remembrance Day	Safer Internet Day	Sports Relief/Comic Relief		Sports Day Values Parliament

# Hadley Wood Primary School

## PSHE Curriculum Overview - Year 3



	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>PSHE Topic</b>	<b>Strengths and Challenges</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about celebrating achievements and setting personal goals</li> <li>• about dealing with put-downs</li> <li>• about positive ways to deal with set-backs</li> </ul> <i>(Islington p139-145)</i>	<b>Bullying – See it, Say it, Stop it</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to recognise bullying and how it can make people feel</li> <li>• about different types of bullying and how to respond to incidents of bullying</li> <li>• about what to do if they witness bullying</li> </ul> <i>(Islington p134-138)</i>	<b>What Helps Me Choose?</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about making healthy choices about food and drinks</li> <li>• about how branding can affect what foods people choose to buy</li> <li>• about keeping active and some of the challenges of this</li> </ul> <i>(Islington p160-164)</i>	<b>Tolerance of Different Faiths and Beliefs</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about valuing the similarities and differences between themselves and others</li> <li>• about what is meant by community</li> <li>• about belonging to groups</li> </ul> <i>(Celebrating Difference Islington p146-152)</i>	<b>The Effects of Smoking</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• the definition of a drug and that drugs (including medicines) can be harmful to people</li> <li>• about the effects and risks of smoking tobacco and second hand smoke</li> <li>• about the help available for people to remain smoke free or stop smoking</li> </ul> <i>(Tobacco is a Drug - Islington p128-131)</i>	<b>RSE</b> <i>(See Appendix A: RSE Scheme of Work outlined in the RSE policy)</i>
<b>P4C Theme</b>	<b>Taking and Managing Risks</b>	<b>Say No to Bullying</b>	<b>Staying Safe Online</b>	<b>Human Rights</b>	<b>Similarities and Differences</b>	<b>Community</b>
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week Remembrance Day</b>	<b>Safer Internet Day</b>	<b>Sports Relief/Comic Relief</b>		<b>Sports Day Values Parliament</b>

# Hadley Wood Primary School

## PSHE Curriculum Overview - Year 4

	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>PSHE Topic</b>	<b>Mutual Respect</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to show respect for thoughts and feelings</li> <li>• to disagree respectfully</li> <li>• that everyone is entitled to an opinion</li> </ul> <i>(Enfield scheme – Year 3 Relationships half term 1)</i>	<b>Resilience</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to identify barriers to learning</li> <li>• to develop strategies to cope with disappointment</li> <li>• to develop resilience</li> </ul> <i>(Enfield scheme – Year 4 Relationships half term 1)</i>	<b>Making Choices</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them</li> <li>• about the effects and risks of drinking alcohol</li> <li>• about different patterns of behaviour that are related to drug use</li> </ul> <i>(Islington p174-180)</i>	<b>Looking After Me</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• why people may eat or avoid certain foods (religious, moral, cultural or health reasons)</li> <li>• about other factors that contribute to people's food choices (such as ethical farming, fair trade and seasonality)</li> <li>• about the importance of getting enough sleep</li> </ul> <i>(What is Important to Me - Islington p181-186)</i>	<b>Democracy</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about Britain as a democratic society</li> <li>• about how laws are made</li> <li>• learn about the local council</li> </ul> <i>(Islington p169-173)</i>	<b>RSE</b> <i>(See Appendix A: RSE Scheme of Work outlined in the RSE policy)</i>
<b>P4C Theme</b>	<b>Marriage</b>	<b>Say No to Bullying</b>	<b>Staying Safe Online</b>	<b>Loss and Bereavement</b>	<b>Community</b>	<b>Human Rights</b>
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week Remembrance Day</b>	<b>Safer Internet Day</b>	<b>Sports Relief /Comic Relief</b>		<b>Sports Day Values Parliament</b>

# Hadley Wood Primary School

## PSHE Curriculum Overview - Year 5



	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>PSHE Topic</b>	<b>Dealing with Feelings</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about a wide range of emotions and feelings and how these are experienced in the body</li> <li>• about times of change and how this can make people feel</li> <li>• about the feelings associated with loss, grief and bereavement</li> </ul> - What is right & wrong? - Is it ok to lie? - What is fair?  (Islington p221-226)	<b>Dealing with Difficult Situations</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to understand why forgiveness is important to a friendship</li> <li>• to understand embarrassment</li> <li>• to develop strategies for anger management</li> </ul> - What Makes Me, Me? - Why should I be good? - Is it ever ok to do something bad?  (Enfield scheme – Year 5 half term 2)	<b>Different Influences</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about the risks associated with smoking drugs, including cigarettes</li> <li>• about different influences on drug use – alcohol, tobacco and nicotine products</li> <li>• strategies to resist pressure from others about whether to use drugs – smoking drugs and alcohol</li> </ul> (Islington p227-232)	<b>Borrowing and Earning Money</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• that money can be borrowed but there are risks associated with this</li> <li>• about enterprise</li> <li>• what influences people’s decisions about careers</li> </ul> (Islington p233-238)	<b>In the Media</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• that messages given on food adverts can be misleading</li> <li>• about role models</li> <li>• about how the media can manipulate images and that these images may not reflect reality</li> </ul> (Islington p205-209)	<b>RSE</b> (See Appendix A: RSE Scheme of Work outlined in the RSE policy)
<b>P4C Theme</b>	Is it ok to lie?	Why should I be god?	Am I responsible for my actions?	Is there life in other parts of the universe & what might life be like?	Third World Debt	Identity
<b>Events</b>	Multicultural Week	Anti-Bullying Week Remembrance Day	Safer Internet Day	Sports Relief/Comic Relief		Sports Day Values Parliament

# Hadley Wood Primary School

## PSHE Curriculum Overview - Year 6



	Autumn Term: Confident		Spring Term: Capable		Summer Term: Caring	
	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
PSHE Topic	<p><b>Feelings and Conflicts</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>to identify different feelings that can overwhelm us</li> <li>to accept our part in conflicts</li> <li>to know the difference between positive, assertive and aggressive</li> </ul> <p>(Enfield scheme – Year 6 Relationships half term 2)</p>	<p><b>Resilience and perseverance</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>that if at first they don't succeed it is worth trying again</li> <li>to recognise when they are using an excuse instead of finding a way around a problem</li> <li>some problem solving strategies to explore different coping mechanisms</li> <li>to discuss their feelings in relation to pressure</li> <li>to look at the importance of exercise, sleep and diet during stressful times</li> </ul> <p>(Enfield Scheme - Year 6 Relationships half term 1)</p>	<p><b>Healthy Minds</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>what mental health is</li> <li>about what can affect mental health and some ways of dealing with this</li> <li>about some everyday ways to look after mental health</li> <li>about the stigma and discrimination that can surround mental health</li> </ul> <p>(Islington p264-269)</p>	<p><b>Weighing Up Risk</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>about the risks associated with using different drugs</li> <li>about assessing the level of risk in different situations involving drug use</li> <li>about ways to manage risk in situations involving drug use</li> </ul> <p>(Islington p253-257)</p>	<p><b>British Values – Human Rights</b> Pupils learn:</p> <ul style="list-style-type: none"> <li>about people who have moved to Enfield/London from other places, (including the experience of refugees)</li> <li>about human rights and the UN Convention on the Rights of the Child</li> <li>about homelessness</li> </ul> <p>(Islington p258-263)</p>	<p><b>RSE</b> (See Appendix A: RSE Scheme of Work outlined in the RSE policy)</p>
P4C Theme	Emotions	Mental Wellbeing	Staying Safe Online	Taking and Managing Risks	Human rights	Identity
Events	Multicultural Week	Anti-Bullying Week Remembrance Day	Safer Internet Day	Sports Relief/Comic Relief		Sports Day Values Parliament

**Diary Notes:**

Black History Month: October (first half of autumn term)

Anti-Bullying Week: November (second half of autumn term)

Safer Internet Day: February (first half of spring term)

International Women's Day: 8 March (second half of spring term)

Refugee Week: June (second half of summer term)

My Money Week: June (second half of summer term)