

The Nurture Room

The Nurture Room is a place where children have the freedom to express themselves and their emotions in a safe and contained way, which is essential to healthy development and personal growth.



All Nurture Group sessions take place in the Nurture Room, it provides a calm and safe space that feels more like a home environment in school.

The Six Principles of Nurture

- Children's learning is understood developmentally.
- The Nurture Room offers a safe base.
- The importance of Nurture for the development of well-being.
 - Language is a vital means of communication.
- The importance of transition in children's lives.

At Hadley Wood our vision is that every child will leave our school confident in their own abilities and excited about the future, with the strategies and skills to tackle tasks and situations in a capable manner and caring about their planet and their fellow humans.

If you have any questions please do not hesitate to contact the school office to speak to our Learning Mentor, Mrs Davies.

Nurture Group



What is Nurture Group?

Nurture Group is an intervention to help support children who have a barrier to their learning because of social, emotional or behavioural difficulties. It is usually a short term intervention; however it depends on the child and the circumstances. Children will usually attend one Nurture Group a week, this can also be in conjunction with other Nurture sessions such as Social Skills group, 1 to 1 sessions etc.

A timetable of activities is planned to improve and develop self-regulation, critical thinking skills, listening and speaking, concentration, communication, managing transitions.

Activities also aim to develop maths and literacy skills to support academic attainment.

Children are identified by either their teachers or other professionals. SLT, Assistant Head for Inclusion and the Learning Mentor then decide the best intervention for that child. Parents/Guardians will always be informed before their child joins a Nurture Group.

Other Nurture Support available at Hadley Wood:

- Dealing with friendship difficulties
- 1 to 1 sessions with the Learning Mentor
- Talking and drawing - Art therapy
 - Social skills group
- Confidence, resilience and self-esteem boosting

Hadley Wood is proud to be recognised as providing a Values-based Education. These values will be incorporated into every session of Nurture Group through circle times, projects or activities.

What happens in Nurture Group?

Each morning session starts with 'breakfast' the children prepare it themselves, set the table, and eat together, then working as a team tidy up when finished. This is an opportunity to catch up and share news with each other; it also develops their communication skills.

Circle time in the comfy area: children are encouraged to talk about their feelings and emotions. It is a chance to share any worries/concerns/achievements they may have in a safe and supportive environment. Circle time is also a place where we strive to improve and develop the children's knowledge of different emotions and feelings and how to positively react when they experience these emotions.

There will be a project or activities for all children to be involved in.

Targets: each child will have 3 targets that they are working towards- targets are decided in partnership with the child, Teachers, Learning Mentor and Assistant Head for Inclusion.